## **P10 Ashantae O**

**Evelyn Boodaghians** [00:00:00]  
You know that we're recording.

**Bookmark: Introduction and personal background**

**Evelyn Boodaghians** [00:00:02]  
And then just to start off, can you tell me a little bit about yourself, maybe where you live, what you do for fun or for work, anything you're comfortable sharing?

**P10 Ashantae** [00:00:12]  
Yeah, so I'm in Matteson, Illinois, that is maybe 20 minutes from Chicago. It's like a South suburb for work.

**Bookmark: Work at the post office**

**P10 Ashantae** [00:00:25]  
I work at the post office. I am I sort male. I work in the inside, so I sort male family wise.

**Bookmark: Family and children**

**P10 Ashantae** [00:00:37]  
I have a husband. I have two children, a 25 year old and a 17 year old and they both, you know, live with me very.

**Evelyn Boodaghians** [00:00:47]  
Cool. How long have you been working at the post office?

**P10 Ashantae** [00:00:50]  
Like 17 years.

**Evelyn Boodaghians** [00:00:52]  
Wow, that's awesome. That's really cool. Do you like?

**P10 Ashantae** [00:00:57]  
It it's a job, yeah.

**Evelyn Boodaghians** [00:01:00]  
That's a good.

**P10 Ashantae** [00:01:01]  
Answer a little stressful at times, like around a holiday so.

**Evelyn Boodaghians** [00:01:05]  
Oh yeah, I could imagine there's.

**P10 Ashantae** [00:01:06]  
Like, yeah, yeah.

**Evelyn Boodaghians** [00:01:10]  
You mentioned you have two kids, 25 and 17, and they both live in the house with you.

**P10 Ashantae** [00:01:14]  
Yeah.

**Evelyn Boodaghians** [00:01:15]  
OK, some of we'll talk about both your kids. Some questions might not apply so just let me know if that doesn't apply because of their ages.

**Bookmark: Childcare for the 17-year-old**

**Evelyn Boodaghians** [00:01:25]  
So the first one being what does childcare look like for your kids? Assuming the 25 year old was probably a little bit different story than the 2nd.

**P10 Ashantae** [00:01:33]  
Well, I'm on the 2nd 10 year old. He's a senior, so I mean, I don't have to worry about that. He's pretty, you know, independent. So he can be, you know, left alone. So yeah.

**Evelyn Boodaghians** [00:01:45]  
You mentioned he's pretty independent. Tell me a little bit about that. Like how independent is he, would you say?

**P10 Ashantae** [00:01:55]  
He's the type. I really don't have to tell him anything. Like he comes in, he so like he just started school on Monday, so he comes in, he does his homework, like he does all his chores, takes out the garbage, things like that. I don't never have to like tell him and remind him. He just automatically does it. So he's pretty, you know, independent. If he gets hungry, he'll fix him. Something to eat, something like that. Something.

**Evelyn Boodaghians** [00:02:24]  
And then does your 17 year old drive at this point or no?

**P10 Ashantae** [00:02:28]  
No.

**Evelyn Boodaghians** [00:02:30]  
And So what does like getting to school and things like that look like for him?

**P10 Ashantae** [00:02:34]  
Well, he takes the school bus.

**Evelyn Boodaghians** [00:02:35]  
OK, see.

**P10 Ashantae** [00:02:36]  
You.

**Evelyn Boodaghians** [00:02:38]  
And then just confirming, does he have a phone or no?

**P10 Ashantae** [00:02:41]  
Yeah.

**Evelyn Boodaghians** [00:02:43]  
Yeah. And what do you see that he like uses his phone for right now?

**P10 Ashantae** [00:02:48]  
I know he googles a lot of things, like he's very inquisitive, so he's like, I always ask the question. So I know he like googles a lot of things. He likes anime so he's on YouTube a lot like watching videos so.

**Evelyn Boodaghians** [00:03:03]  
Yeah.

**P10 Ashantae** [00:03:04]  
And he also plays video games, things like that.

**Evelyn Boodaghians** [00:03:08]  
I see so Googling video games, things like that, anime.

**P10 Ashantae** [00:03:13]  
Yeah.

**Bookmark: Cell phone usage and rules**

**Evelyn Boodaghians** [00:03:16]  
At what age did you give your son a cell phone?

**P10 Ashantae** [00:03:24]  
Probably maybe when he was in 8th grade, so maybe 12 or 13 maybe.

**Evelyn Boodaghians** [00:03:35]  
And what kind of was like your motivation for doing that? Why did you think that was? Yeah.

**P10 Ashantae** [00:03:41]  
Why'd you do that? I guess just I felt that he was, I guess getting older. Far as he was about to, you know, start high school, he was at the time walking home with his friends, things like that. So I just wanted to always be able to, you know, get in contact with him.

**Evelyn Boodaghians** [00:04:08]  
And do you guys have any rules around the phone or not so much?

**P10 Ashantae** [00:04:13]  
No, no, he's pretty like, he's pretty militant. Like he goes to sleep at like 9:00. I don't have to worry about him being on the phone all night so.

**Evelyn Boodaghians** [00:04:26]  
Sounds like a good kid, probably much easier than I was to my parents.

**P10 Ashantae** [00:04:31]  
Yeah, me so.

**Evelyn Boodaghians** [00:04:34]  
OK, awesome. So I want to talk a little bit about food for your family.

**Bookmark: Breakfast and lunch routines**

**Evelyn Boodaghians** [00:04:39]  
So tell me a little bit about what does like a typical week look like for food and your family.

**P10 Ashantae** [00:04:46]  
I guess it all depends. Sometimes my husband, he'll come home from work, he'll cook. But that's not that often. Most of the time I'll come home and I'll cook. Sometimes I'm tired so maybe I'll stop on the way home and get something. Or maybe I don't feel like it so I'm just like ordering fast food. Or sometimes I'll just make something easy at home, like hot dogs or pizza or something like that.

**Evelyn Boodaghians** [00:05:27]  
So it sounds like sometimes you guys are cooking, sometimes due to timing work, you're tired and there's some of these other options.

**P10 Ashantae** [00:05:35]  
Yeah.

**Evelyn Boodaghians** [00:05:38]  
OK. And then how about like breakfasts? What does that look like for the family?

**P10 Ashantae** [00:05:45]  
It's like pretty much, I guess everybody bends for themselves, I guess. So 'cause I guess it's everyone has like different schedules. So I know like my youngest son, he has breakfast at school, but he never eats it. So he usually eats like a muffin or pop tart or something like that, something kind of quick. What's the other things that he like, like yogurt or bagel, the toaster strudel, who, things like that? My oldest son, he's more, I don't know, I guess a little bit more health conscious kind of. So he'll eat like yogurt and put like granola in it and fruit, things like that. Or sometimes he might make like I think he made like some avocado toast or something like that. My husband, he usually stops and get something like on the go, like maybe stops at McDonald's or maybe like like a 711 or something like that. Definitely coffee and then far as me, I usually get something on the go to yeah, coffee, a muffin, something like that. Sometimes I have it at home so I don't have to like, you know, stop and get it so.

**Evelyn Boodaghians** [00:07:25]  
Yeah, it seems like everyone kind of handles their own breakfast in different ways.

**P10 Ashantae** [00:07:30]  
Yeah.

**Evelyn Boodaghians** [00:07:32]  
Yeah, how about lunch? How does lunch work for the family?

**P10 Ashantae** [00:07:37]  
Pretty much the same. So my youngest son, he's in school so he does eat the school lunch. So me, I'll usually, sometimes I might bring something from home, maybe left or leftovers or maybe maybe I'll pick up a salad or I don't know. It just kind of depends. Or sometimes I like the little Lunchables, you know, take those and some fruit or something like that, a bag of chips. My oldest, it kind of depends. Sometimes he'll stop somewhere and get something, maybe like a burger, a salad or something like that. Or maybe he'll pick something at home. And my husband, he usually get something on the go as well 'cause like far as work. So yeah, like the gas station, McDonald's, he he's a truck driver, so he doesn't want something that's like really filling. So something kind of light. So he might get like like a chicken sandwich or something like that, something that's gonna hold him over.

**Evelyn Boodaghians** [00:08:49]  
Yeah. And then you mentioned for dinner, it kind of depends.

**Bookmark: Dinner and dietary preferences**

**Evelyn Boodaghians** [00:08:55]  
Either you cook or your husband cooks or get something picked up. Does everyone eat that food or do people do their own thing at dinner? Like how does that?

**P10 Ashantae** [00:09:07]  
Yeah, pretty much everyone eats it. So my husband and my oldest, they don't eat pork. So a lot of the times and me and my youngest, we do. So a lot of the times I don't want to like cook two different meals. So I really don't buy a lot of pork products, but pretty much everyone eats the same thing. My husband, he doesn't eat like shellfish. So for example, I like making the seafood bowl like the bag. I don't do that often because it's kind of expensive, but I do it sometimes. So if I do that, then I'll make him like salmon or catfish or a perch or something like that, so.

**Evelyn Boodaghians** [00:09:59]  
You kind of have to, if you're going to do that, cook a separate thing for your.

**P10 Ashantae** [00:10:02]  
Yeah, yeah. OK. Interesting.

**Evelyn Boodaghians** [00:10:08]  
And then you mentioned your son eats lunch at school.

**Bookmark: School lunch program**

**Evelyn Boodaghians** [00:10:12]  
In doing this research, I've learned lunch is really vary at schools. So how does his lunch program work at school?

**P10 Ashantae** [00:10:20]  
Well, he gets free lunch, so I usually just like ask him what he has for lunch. So like sometimes they might have a burger, sometimes they might have pizza, things like that, A milk, what else comes with it? I think like some vegetables. OK.

**Evelyn Boodaghians** [00:10:48]  
Great.

**Bookmark: Summer break meals**

**Evelyn Boodaghians** [00:10:49]  
And then how about, since we're just coming off of summer break, what happens like during the summer when he's not in school? Or does he go to school in the summer too? Sorry.

**P10 Ashantae** [00:11:00]  
No, no. So pretty much, yeah. For breakfast, it's still the same. For lunch, he usually fixes something in the refrigerator. Like he loves the the noodles, like the ramen noodles. So he always eats the hoes or like maybe he'll make a sandwich or something like that.

**Evelyn Boodaghians** [00:11:24]  
OK, great.

**Bookmark: Grocery shopping habits**

**Evelyn Boodaghians** [00:11:27]  
So I want to talk a little bit about grocery shopping. Tell me a little bit about what does that look like for the family in terms of groceries, food shopping, grocery shopping?

**P10 Ashantae** [00:11:37]  
So usually is pretty much me going grocery shopping.

**P10 Ashantae** [00:11:50]  
I guess I'm, I'm the type of person I like to look at everything. I like to compare prices. I like to see what's on sale. I like to see the new products. So I guess I kind of take a long time. So I I don't like to be rushed. So I just go by myself.

**P10 Ashantae** [00:12:10]  
I usually go maybe every two weeks grocery shopping and it depends on the store. Like sometimes I might go to one store because they have a good sale or I might go to like two different stores because this store has a sale, but then I still want something from another store, so.

**Evelyn Boodaghians** [00:12:35]  
And how do you learn about the sales at the stores?

**P10 Ashantae** [00:12:40]  
So I get sales papers delivered in the mail and also I could just pull it up on my phone. Like the ones that don't get delivered in the mail just pull up the stores weekly ads.

**Evelyn Boodaghians** [00:12:55]  
Oh.

**P10 Ashantae** [00:12:57]  
OK, excuse.

**Bookmark: Using phone for grocery-related tasks**

**Evelyn Boodaghians** [00:13:00]  
Me, you mentioned like using your phone, do you use your and to look up where the sales are and the stores like that? Do you use it for any other purposes for grocery or not so much?

**P10 Ashantae** [00:13:15]  
Sometimes I might use it to pick up groceries and things like that. Like today I had an order for Walmart and I picked it up. So I knew I couldn't go inside 'cause I had the survey. So here. So I I picked it up.

**Evelyn Boodaghians** [00:13:38]  
And.

**P10 Ashantae** [00:13:38]  
Then like I'll use my phone sometime for like recipes.

**Evelyn Boodaghians** [00:13:46]  
Tell me a little bit about that.

**Bookmark: Online grocery orders and pickup**

**Evelyn Boodaghians** [00:13:47]  
Like how often do you see yourself doing like the pickup orders where you do it online and pick it up versus like actually going in?

**P10 Ashantae** [00:13:56]  
So it depends on the store. So today I went to Walmart. Walmart's tends to get a little crowded, so I always do pick up and I always make sure that I do it like early. So it's not all that crowded. So yeah. So pretty much what Walmart I do pick up, any other store I I pretty much go inside.

**Evelyn Boodaghians** [00:14:23]  
OK. And then have you ever done delivery for your groceries or is that?

**P10 Ashantae** [00:14:30]  
Yeah, I do that sometimes. Sometimes I just don't feel like going to the store. Or I remember one time I was cooking and I didn't have an ingredient and my husband was at work and my oldest son was at work. And I didn't feel like, you know, I would have had to turn off everything, turn off the stove and everything. So I just kind of ordered it really quick to be.

**Evelyn Boodaghians** [00:14:58]  
Delivered. And what stores or apps do you use to do those types of things? The.

**P10 Ashantae** [00:15:08]  
So I use Instacart and I also use just like the regular store. So like today I just use Walmart, the actual store. But yeah, sometimes I'll use Instacart.

**Evelyn Boodaghians** [00:15:22]  
What have your experiences been so far with Instacart for instance?

**P10 Ashantae** [00:15:28]  
It's been good, I haven't had any problems.

**Evelyn Boodaghians** [00:15:34]  
OK, great. OK, so I think we talked a little bit about cooking, but I want to get a little bit more into it.

**Bookmark: Cooking habits and family involvement**

**Evelyn Boodaghians** [00:15:43]  
So you mentioned cooking. Tell me a little bit about like, how often do you find yourself cooking? What types of things do you make? Anything. Yeah.

**P10 Ashantae** [00:16:01]  
I'll probably cook at least three times a week, 3-4 times a week. A lot of the times I find myself making chicken a lot, I guess because I don't know, I guess it's like so many variations, different variations you can make with chickens, so.

**Evelyn Boodaghians** [00:16:35]  
And then you mentioned sometimes your husband cooks.

**Bookmark: Involvement of family members in cooking**

**Evelyn Boodaghians** [00:16:38]  
It sounds like your son, your 17 year old, also is comfortable preparing little things like sandwiches and things for himself.

**P10 Ashantae** [00:16:44]  
Yeah, yeah.

**Evelyn Boodaghians** [00:16:45]  
How about your 25 year old? What's his like involvement in cooking, if any? He.

**P10 Ashantae** [00:16:52]  
Cooks sometime. Not really. Mostly. Mostly he'll make something for herself. Not really like the whole family.

**Evelyn Boodaghians** [00:17:07]  
OK. I forgot a question about grocery, so I'm just going to go back one second.

**Bookmark: Grocery shopping habits and list-making**

**Evelyn Boodaghians** [00:17:13]  
Tell me a little bit about when you go grocery shopping, what kind of shopper are you? And by that I'm interested in like, do you go in with a list, less so a list kind of just looking around, like how do you, yeah, do that?

**P10 Ashantae** [00:17:28]  
I'll do a little bit of both. I always have a list, but then like I said, I like looking around seeing maybe I forgot something or maybe it's something new.

**Evelyn Boodaghians** [00:17:42]  
And how do you come up with your list that you then take shopping?

**P10 Ashantae** [00:17:49]  
Sometimes I might just think of stuff, stuff like milk, eggs, Those are things that like we eat on a regular basis. And then I might Google a recipe and I might need certain ingredients, so I'll put that on the list. Or I might go through my refrigerator and cabinet and just kind of see what I need to restock and then also what's on sale.

**P10 Ashantae** [00:18:25]  
And then I'll ask, like my kids, you know, if they have any, you know, requests. Like my youngest son, he loves fruit snacks. So he always adds that to the list. So just things like that.

**Evelyn Boodaghians** [00:18:40]  
And then is it like a physical list on paper or do you put it somewhere else? How does that work?

**P10 Ashantae** [00:18:46]  
I put it on my phone. I have a app, it's you can write notes. So yeah, I just put it on my phone.

**Evelyn Boodaghians** [00:18:56]  
And does the rest of the family have access to like, is it something you can share with them or no, it's just for you?

**P10 Ashantae** [00:19:01]  
I mean, I could share it. I would have to send it to them to share. But yeah, since I'm the one going grocery shopping, you know, I don't share it with them.

**Evelyn Boodaghians** [00:19:12]  
That makes sense. OK, so on the phone. OK, great.

**Bookmark: Ordering food from restaurants**

**Evelyn Boodaghians** [00:19:20]  
OK, so I want to also ask about like food you order through restaurants for either delivery or pickup. Tell me a little bit about what does ordering food like that look like for your family, if anything?

**P10 Ashantae** [00:19:38]  
A lot of the times I really don't order it for pickup, I'll order it for delivery because pretty much if if I I feel if I order it for pickup, I might as well just go there myself. It's it's cheaper. So I've noticed on like DoorDash and Grubhub and Uber Eats the food is like a little bit more expensive so. I guess that's why I would always like have it delivered like it doesn't make sense to like pick it up and then pay extra when I could just pick it up on my own without the app and pay like the regular price. I see. So I I feel the extra is like for my convenience like having it delivered so.

**Evelyn Boodaghians** [00:20:37]  
And so how often do you find yourself? I guess we can break it up into two things. How often do you find yourself going there in person and just picking it up yourself? And how often do you find yourself doing like delivery of food?

**P10 Ashantae** [00:20:54]  
Picking it up myself maybe once a month, if even that.

**Bookmark: Frequency of food delivery**

**P10 Ashantae** [00:21:02]  
I really don't delivery. Usually maybe two to three times a week, Definitely on the weekends tell.

**Evelyn Boodaghians** [00:21:14]  
Me a little bit more about that, definitely on the weekends.

**P10 Ashantae** [00:21:20]  
I guess just basically like, I guess Friday, Saturday, Sunday, that's pretty much like, you know, you're off work, you're relaxing, you work hard all week, you want to just treat yourself. So I think that's why it's more so on the weekend to me.

**Bookmark: Ordering process and decision-making**

**Evelyn Boodaghians** [00:21:45]  
And then when you're ordering, who are you ordering for? Like who eats the food that you order?

**P10 Ashantae** [00:21:53]  
Oh, the whole family.

**Evelyn Boodaghians** [00:21:58]  
So what does that process look like when you guys are going to order mainly? Like how do you guys decide who's involved, things like that?

**P10 Ashantae** [00:22:09]  
Yeah, so we're all involved pretty much. We're just like, you know, we don't feel like going somewhere to get and getting something to eat. We don't feel like cooking, let's order something to eat. What does everybody want? So then we'll go on the app and basically like kind of go down the list of the restaurants and then like, I don't know, I guess whatever sounds good. We'll be like, you know, oh, we haven't had that in a while. Or you know, what's this, this is a new restaurant, what do they have? So kind of like that.

**Evelyn Boodaghians** [00:22:49]  
And how would you describe? Like does your family usually agree on a place or is there disagreement?

**P10 Ashantae** [00:22:58]  
We usually agree.

**Bookmark: Ordering from multiple restaurants**

**P10 Ashantae** [00:23:01]  
Sometimes there there's been times where like the family, they wanted one restaurant and I wanted another one. But you can order from two different restaurants, so.

**Evelyn Boodaghians** [00:23:19]  
OK, tell me about that. I'm less familiar, so yeah, tell me a little bit more about that.

**P10 Ashantae** [00:23:26]  
Yeah, so pretty much I forgot what restaurant I I want to say it was like everybody wanted McDonald's or something like that. And then I wanted like Dairy Queens. So I ordered everyone at McDonald's and then it said that you had like, I want to say like maybe 10 minutes to order from a, a different restaurant. So that's what I did. So pretty much the driver has to go to like the two different restaurants. But I guess like the restaurants 'cause they give you like a list to choose from. So I guess it's all like in the same vicinity. So I guess like the driver, he's not like, you know, like going out the way and like that. But yeah, you could order from two different restaurants.

**Evelyn Boodaghians** [00:24:23]  
Yeah. How often do you see yourself doing that versus just one for the whole I?

**P10 Ashantae** [00:24:28]  
Don't do that that often. I probably did that like twice. That doesn't happen. We all just usually decide on one restaurant.

**Evelyn Boodaghians** [00:24:40]  
OK.

**Bookmark: Who does the ordering**

**Evelyn Boodaghians** [00:24:42]  
And then who's actually like doing the ordering, so like using the phone and things like that when you guys?

**P10 Ashantae** [00:24:50]  
Usually me, sometimes my husband, usually me.

**Evelyn Boodaghians** [00:24:58]  
Is there like a reason for that or just yeah, why do you think that is?

**P10 Ashantae** [00:25:04]  
I guess just depends, like sometimes he'll be like, OK, we're ordering from this restaurant, you know, I'll pay for it. So then he does it from his phone or I'll be like, well you know, I'm treating, I'll pay for it, so I'll do it from my phone. So I guess that's the reason.

**Bookmark: Separate accounts for food delivery apps**

**Evelyn Boodaghians** [00:25:27]  
On your phones with the apps you use, are you guys, do you guys have separate accounts? You have the same account.

**P10 Ashantae** [00:25:33]  
Yeah, we have separate accounts.

**Evelyn Boodaghians** [00:25:38]  
OK.

**Evelyn Boodaghians** [00:25:42]  
And how did that come to be?

**P10 Ashantae** [00:25:49]  
I don't know, I don't know.

**Evelyn Boodaghians** [00:25:53]  
That's OK too.

**P10 Ashantae** [00:25:54]  
Well, I don't know, we just have separate accounts.

**Evelyn Boodaghians** [00:25:57]  
Yeah, that's, that's OK too. Sometimes I ask these questions, I'm like, I wonder what people are going to see, you know? OK, that OK.

**Bookmark: Kids ordering food independently**

**Evelyn Boodaghians** [00:26:09]  
Do your kids ever order food delivery independently of you and your husband or not?

**P10 Ashantae** [00:26:16]  
Well, my oldest son does.

**Evelyn Boodaghians** [00:26:20]  
But not your youngest.

**P10 Ashantae** [00:26:22]  
No.

**Evelyn Boodaghians** [00:26:24]  
Why does your youngest not but your oldest does what?

**P10 Ashantae** [00:26:33]  
Well, I guess so. My youngest, he, I don't know what, I guess one thing. He doesn't eat as much as my oldest, I guess, so that's one thing. And then I don't know. My youngest, he, he's just, he just would ask I guess like if he's hungry or something or I don't know, or like if he wanted some restaurant food, he would ask. He wouldn't like just order it.

**Evelyn Boodaghians** [00:27:08]  
Is that like a rule you guys have had in the past or is that just naturally?

**P10 Ashantae** [00:27:12]  
Yeah, just natural.

**Evelyn Boodaghians** [00:27:18]  
So on his phone he doesn't have any. Does he have any of the food delivery apps on his phone or no?

**P10 Ashantae** [00:27:23]  
No.

**Evelyn Boodaghians** [00:27:28]  
How would you feel if he did have the apps or did have access to like ordering by himself?

**P10 Ashantae** [00:27:35]  
I wouldn't mind. So I know that he's going to have it like next year when he goes to college, so I I won't mind.

**Evelyn Boodaghians** [00:27:49]  
It sounds like he doesn't hasn't really expressed any interest in it yet. Like if you want, we just come to you.

**P10 Ashantae** [00:27:55]  
Right.

**Bookmark: Attitude towards kids ordering food**

**Evelyn Boodaghians** [00:27:57]  
And then when you think about him eating food from restaurants, food for delivery, how do you feel about him eating that like in the future, currently?

**P10 Ashantae** [00:28:08]  
I mean, I don't mind. I guess I wouldn't want him eating it probably every day because that could get expensive and then I would want him I guess like to eat healthy. So I wouldn't want him getting like a burger every day or something like that, so.

**Evelyn Boodaghians** [00:28:34]  
Two elements of like the cost, but then also the health aspect.

**P10 Ashantae** [00:28:39]  
Right.

**Evelyn Boodaghians** [00:28:43]  
OK.

**Bookmark: Managing food for the family**

**Evelyn Boodaghians** [00:28:44]  
I'm just going to take a look at my questions.

**Evelyn Boodaghians** [00:28:50]  
OK, Thinking about, we've talked a lot about the different ways you manage food from the family for grocery shopping, cooking, ordering, things like that. Generally, what do you feel like is working well with how you currently manage food for your family?

**P10 Ashantae** [00:29:11]  
I mean I I think everything is working well. I try to, I guess I don't know everything in moderation. So basically, you know, it's OK to have sweets, it's OK to have junk food, just everything in moderation. So I, I do buy the junk food, but then I also buy like, you know, the healthy snacks, the fruit, the veggies, things like that. Even like ordering out, even like if we get a burger, fries and a milkshake, it's not like a everyday thing. So I just think moderation is the key.

**Evelyn Boodaghians** [00:29:56]  
Yeah. Kind of the flip side of that question then those are the things that are working well. Is there anything that you like, wish you could manage better, or any hiccups you run into?

**Bookmark: Challenges with online ordering and coupons**

**P10 Ashantae** [00:30:10]  
I, I guess the only thing that I can think of with like the online ordering is a lot of the times they don't accept coupons. So I don't know, I guess that that sometimes kind of plays into like, say if I have a coupon for Popeye's chicken or something like that, and then they have like, you know, that I could order Popeye's chicken is cheaper to, you know, just go in person and get like, you know, the family meal than to just like order online. So I guess that's just like my thing sometimes, like I might have a coupon and they don't accept the coupon.

**Evelyn Boodaghians** [00:31:07]  
Yeah so it ends up being even cheaper to go in person cause the delivery fees then to the coupon too.

**P10 Ashantae** [00:31:14]  
Right.

**Evelyn Boodaghians** [00:31:16]  
Yeah, that makes sense. OK, OK, OK. I think those are all the questions I have around like food.

**Bookmark: Access to money for the 17-year-old**

**Evelyn Boodaghians** [00:31:26]  
Something might come to my mind and I might interrupt you at one point to ask it, but I want to shift a little bit to understand your kids relationship to money.

**Bookmark: Usage of Apple Card and its features**

**Evelyn Boodaghians** [00:31:38]  
We can talk mostly about the 17 year old since he's still under 18. So currently does your 17 year old have access to their own money, either through work or allowance or anything like that?

**P10 Ashantae** [00:31:53]  
He doesn't get an allowance, but if he needs money, he asked me and he has, I know my husband set up like AI guess you can add someone to like your Apple Card. So he has like access to that. But it's only like, I think $100.00. So yeah.

**Evelyn Boodaghians** [00:32:19]  
OK, I'm not as familiar with the Apple Card. Based on what you know, what does it? How does it work I guess?

**P10 Ashantae** [00:32:26]  
I guess it's on his phone 'cause I don't think that he has a physical card, so he can use his phone like wherever. I guess like the, I forgot what you call it, the contact list, like how you pay. Yeah. So he could use his phone to pay. So like a lot of restaurants could just like use his phone and it would deduct from that.

**Evelyn Boodaghians** [00:32:58]  
OK. And it sounds like the kind of processes he'll come and ask for, he doesn't get an allowance. So it's just he comes and asks.

**P10 Ashantae** [00:33:05]  
Right.

**Evelyn Boodaghians** [00:33:06]  
OK, tell me a little bit about what does he usually use his money for?

**Bookmark: What the 17-year-old uses money for**

**Evelyn Boodaghians** [00:33:14]  
Like when he comes and asks what is he going to use it on?

**P10 Ashantae** [00:33:19]  
Usually like art supplies or something he likes to draw. So he might ask like, you know, he needs this sketchbook or something like a new sketchbook or he likes the Roblox or the Robux or something like that. I think that's what it's called.

**Evelyn Boodaghians** [00:33:41]  
Oh yeah.

**P10 Ashantae** [00:33:42]  
Yeah.

**Evelyn Boodaghians** [00:33:43]  
Flirting so much with these interviews I've I've like never knew what Roblox was and now I'm just parents talked about it.

**P10 Ashantae** [00:33:50]  
Yeah.

**Evelyn Boodaghians** [00:33:52]  
OK. So like art supplies, games, things. Yeah. OK. And then how often would you say that that like these needs come up?

**P10 Ashantae** [00:34:05]  
Maybe once a month, not that often.

**Evelyn Boodaghians** [00:34:12]  
It sounds like then either you or your husband can like transfer money to this Apple Card. Is that OK? And then how much are you involved with like managing what he then does with the Apple Card? Is there anything that you guys have inside or oversight into or can see that you manage?

**P10 Ashantae** [00:34:31]  
Yeah. So basically you can see like when he uses the money, how much things like that, like you get a alert.

**Evelyn Boodaghians** [00:34:43]  
And how do you feel about having those alerts?

**P10 Ashantae** [00:34:47]  
Yeah, I love alerts. So yeah, I always, you know, want alerts for, like everything. I think they're very useful.

**Evelyn Boodaghians** [00:34:58]  
It sounds like you can see when he uses it and how much. Is there anything that you wish you could manage more with this that you currently can't do? Or any other ways things that they let you do that are helpful?

**P10 Ashantae** [00:35:15]  
I don't think that there's anything that I wish that I could do with it. I mean, I, I do like, I think what's helpful is that you can choose the amount like, you know, you can cap it what you're going to get them. So it kind of helps with, like, forming responsibility to me, especially since, like, he's about to go to College in like a year. So yeah.

**Evelyn Boodaghians** [00:35:44]  
That's going to be my next question.

**Bookmark: Teaching responsibility with money**

**Evelyn Boodaghians** [00:35:45]  
Like why did you guys decide to go down like this path of the Apple Card? What? Yeah. What motivated you?

**P10 Ashantae** [00:35:57]  
Well, like I said, my husband set it up, but I guess he just felt like, you know, I guess if it's any type of emergency or anything like that or like, I think that and this was like, because he's had it for like maybe a year. So I remember. So the one thing that he's not good at, he always tells me things at the last minute. So he was going on a field trip and then he said that he needed some money and I didn't want to give him my card and I didn't have any money on me. So I think that's when my husband decided about setting up the apple.

**Evelyn Boodaghians** [00:36:44]  
Oh, interesting. OK, OK. Didn't want to give him your card and you didn't have cash?

**P10 Ashantae** [00:36:51]  
Right.

**Bookmark: Teaching responsibility to the youngest**

**Evelyn Boodaghians** [00:36:55]  
Interesting you mentioned this also, this element of like trying to teach him responsibility or forming that responsibility. Tell me a little bit more about that. Like how are you trying to do that with him?

**P10 Ashantae** [00:37:09]  
Yeah, just basically just kind of seeing like how he will, I guess, navigate through like, you know, being responsible for $100. Like, is he just going to blow it all in one day or, you know, just things like that. Just kind of seeing how he's gonna react with it, I guess.

**Evelyn Boodaghians** [00:37:33]  
And what have you seen with him so far?

**P10 Ashantae** [00:37:36]  
Yeah, he's pretty responsible. He doesn't. He doesn't spend on his own. He always asks. So I mean, that's a good thing.

**Evelyn Boodaghians** [00:37:47]  
Interesting. Tell me a little bit more about that. Like he doesn't spend on his own. He always asks what did you? I just want to make sure I'm understanding.

**P10 Ashantae** [00:37:55]  
Correctly. Yeah. So like with the like the Roebucks, he'll be like, you know, mom, I want to buy like $25 in Roebucks for the game, you know, is it OK? So instead of just doing it on his own, so.

**Evelyn Boodaghians** [00:38:16]  
OK, so even if he has the money in his card, he still asks you, is he? Is it? Oh, interesting.

**Bookmark: System's impact on the family**

**Evelyn Boodaghians** [00:38:28]  
And how do you feel like the system has been going for the family? Yeah. Positives. Negatives.

**P10 Ashantae** [00:38:35]  
Yeah, I, I think positive. Like I said, I think that is showing him responsibilities. So I think it's positive. I haven't had any complaints.

**Evelyn Boodaghians** [00:38:46]  
Yeah, when he goes to. Have you guys thought about when he goes to college? What will this look like when he goes to college?

**Bookmark: Allowance for the youngest in college**

**P10 Ashantae** [00:38:56]  
Yeah. So when he goes to college, we're probably going to give him. So like my oldest, he went to college, so we used to give him like a weekly allowance. So we're going to do, you know, the same with him.

**Evelyn Boodaghians** [00:39:14]  
Your oldest is 25, if you could remember. I know, probably a long time ago. How did that work with the weekly allowance when your oldest was in college?

**P10 Ashantae** [00:39:24]  
It worked pretty good. I mean, he basically it was, you know, his money. So he used it, you know, sometimes for food, sometimes he got tired of like the campus food or like he used it for transportation, things like that. He's also pretty good with money, my oldest, so I never had to like, you know, worry about him just like spinning it in one day or something like that.

**Evelyn Boodaghians** [00:39:58]  
Yeah. And then back then, how would you guys give him the allowance? Was it cash? Was it a card? Like how?

**P10 Ashantae** [00:40:06]  
I know. I think we used to. I wanna say Zell maybe yeah. So bank account.

**Evelyn Boodaghians** [00:40:19]  
Do you think, how do you think it'll work for your youngest now?

**P10 Ashantae** [00:40:24]  
Maybe the same. Yeah, yeah. So before he goes to college, give him a bank account and yeah, probably the same. OK.

**Evelyn Boodaghians** [00:40:41]  
OK, OK. I'm just going to look at my questions for this section and make sure.

**Evelyn Boodaghians** [00:40:52]  
Oh, had there ever been a time where your youngest has come and asked to use the money on something and you've said no? Like are there any rules around how he spends the money?

**P10 Ashantae** [00:41:07]  
I guess I wouldn't want him to spending on, I don't know, something crazy. I'm I'm trying to think of something crazy, but I mean, there's no rules. Like I said, he's pretty responsible. I haven't had any problems with him, but I don't know if he wanted to spend like maybe $100 on. I can't even think of anything crazy but.

**Evelyn Boodaghians** [00:41:41]  
That's OK. It seems like the IT hasn't really come up, like he doesn't seem like a big blow it standard.

**P10 Ashantae** [00:41:48]  
Type.

**Evelyn Boodaghians** [00:41:50]  
Yeah, OK, great.

**Bookmark: Family subscriptions for entertainment**

**Evelyn Boodaghians** [00:41:53]  
So in the last like 10 minutes here, I want to talk a little bit about like subscriptions you have and your family has. So when we say when I talk about subscriptions, it could be for anything. It could be outside of food delivery, it could be for food delivery, but really anything, entertainment, gyms, things like that, you know. So tell me a little bit about like those subscriptions that you and the family have that like are top of mind, just the ones you can remember.

**P10 Ashantae** [00:42:21]  
I guess I'll think about like entertainment, so like Apple Music, like Netflix, Hulu, Disney, things like that. Those are like the first things that come to mind.

**Evelyn Boodaghians** [00:42:38]  
And how? Who uses these subscriptions? Yeah.

**P10 Ashantae** [00:42:45]  
So the Apple Music, that's the it's a family plan. So everyone uses that, the Netflix, so and pretty much the entertainment. My husband, he pays for that, but the family can use it. So everyone has, like, their own profile, Yeah.

**Evelyn Boodaghians** [00:43:12]  
OK. Oh, so it seems like those two are a little different. Like Apple Music is a family plan, but Netflix and the other stuff is like your husband's plan that everyone uses.

**P10 Ashantae** [00:43:21]  
Yeah.

**Evelyn Boodaghians** [00:43:22]  
OK. Why with Apple Music did you guys decide to go with like more of the family plan versus like for the entertainment? Not so much.

**P10 Ashantae** [00:43:35]  
I, I guess it's the way that it's set up. So I, I guess, I guess it's the same. I guess it's just like a a different name, I guess, because so the Apple Music, even though like it's under his name, like I have access to it, but it's basically like my own music. He can share his music with me, but it's yeah. So I guess it's pretty much the same thing, just like a different name. So like each person has like their own profile, their own music.

**Evelyn Boodaghians** [00:44:12]  
I see. OK, so it's kind of the same in that like everyone has their own profiles their.

**P10 Ashantae** [00:44:16]  
Own OK.

**Bookmark: Subscriptions for food delivery**

**Evelyn Boodaghians** [00:44:20]  
And then how about so you mentioned Instacart, you've used it in the past. Do you have a subscription with them or no just.

**P10 Ashantae** [00:44:26]  
Yes.

**Evelyn Boodaghians** [00:44:27]  
OK. And then for the food delivery apps you used, do you have any subscriptions with those ones?

**P10 Ashantae** [00:44:38]  
Uber Eats and Grubhub. I had one with DoorDash but I don't anymore.

**Evelyn Boodaghians** [00:44:51]  
So that one's no longer.

**P10 Ashantae** [00:44:52]  
Yeah.

**Evelyn Boodaghians** [00:44:55]  
And then you mentioned that your husband has his own accounts. So do you guys share those subscriptions or no? He has his own.

**P10 Ashantae** [00:45:04]  
Yeah, he has his own.

**Evelyn Boodaghians** [00:45:12]  
And then how about your oldest son for, I guess any of these subscriptions? Does he have his own? Does he use these?

**P10 Ashantae** [00:45:21]  
So with, I mean he, he basically, like I said, has like his own profile with the food. I don't know if he has a prescription. I mean, I said prescription, subscription with the foods.

**Evelyn Boodaghians** [00:45:36]  
OK.

**P10 Ashantae** [00:45:37]  
I don't think he does.

**Evelyn Boodaghians** [00:45:39]  
OK, OK. And then do you guys share any of these subscriptions with people outside of your immediate house?

**Bookmark: Sharing subscriptions with others**

**P10 Ashantae** [00:45:52]  
So we used to like far as the entertainment, but then they made it so like you have to pay extra. Yeah. So like right. So like my mom, she used to be, you know, on on it so and my best friend so.

**Evelyn Boodaghians** [00:46:11]  
Yeah, they really cracked down on that. Yeah. Yeah. OK, OK, that makes sense. Awesome.

**Bookmark: Being a caregiver for mom**

**Evelyn Boodaghians** [00:46:22]  
You mentioned your mom and I think in your initial like little write up that you wrote, you mentioned that you're a caregiver for your mom. So I want to talk a little bit about that in the last couple minutes here. Yeah. Tell me a little bit about what does that look like being a caregiver for your mom right now?

**P10 Ashantae** [00:46:42]  
Yeah, So pretty much I have a brother. I have a sister, but I'm the one that lives closest to her. So yeah, she's elderly. She has, you know, health issues. So pretty much I go over there like every weekends. Sometimes I have to take her to doctor's appointments. She she can go on her own, but some she needs assistance. So I'll take off of work, take her to doctor's appointments. Far as grocery shopping, she can't go grocery shopping, so I'll take groceries over there or a lot of the times she loves to order from Walmart. So oh, I have a subscription to Walmart, so pretty much I'll use my account and I'll order her food to be like delivered over there and I'll come over there and get the food, things like that 'cause sometimes she orders a lot. So it's a lot to like if I was just to bring it over there, so.

**Evelyn Boodaghians** [00:48:00]  
OK, OK, so she can't go grocery shopping, so you guys take advantage. So sometimes you take stuff just for her, but then you also use the Walmart subscription for her.

**P10 Ashantae** [00:48:11]  
Yeah.

**Evelyn Boodaghians** [00:48:12]  
OK. And how does that work when you're grocery shopping for your mom?

**Bookmark: Grocery shopping for mom**

**Evelyn Boodaghians** [00:48:18]  
Like how do you? Yeah. What does that process look like, I guess.

**P10 Ashantae** [00:48:22]  
So pretty much she just kind of tells me what she wants. She has a tablet basically, she goes on the Walmart app, kind of looks at the groceries just basically off the top of her head, just kind of think of things that she needs.

**P10 Ashantae** [00:48:46]  
Sometimes she'll go like what I do like on the refrigerator look, things like that, so.

**Evelyn Boodaghians** [00:48:53]  
So she's actually going on the app herself? Is she placing the orders herself?

**Bookmark: Ordering groceries for mother**

**P10 Ashantae** [00:48:57]  
Or no, no, just going on the app just to look at the foods that she wants. But I I always place the order.

**Evelyn Boodaghians** [00:49:06]  
OK. Why is that? Kind of how you guys have it set up right now.

**P10 Ashantae** [00:49:11]  
I guess because she gets confused, I guess. So I guess it's easy to like, you know, look and see what you want and add it.

**Bookmark: Assisting with payment and delivery**

**P10 Ashantae** [00:49:19]  
But far as like payment and then like delivery, I guess that's kind of confusing for her. So I always take care of that.

**Evelyn Boodaghians** [00:49:30]  
OK, so she's even adding it to the cart.

**P10 Ashantae** [00:49:33]  
Yeah. But then it's like it can be tedious sometimes because pretty much I have to add it to my cart pretty much because I'm the one with the subscription. So I get like the free delivery, things like that. So pretty much everything is on her tablet. She has to tell me, then I have to look for it and then add it to my cart. So it could be like 50 items. So sometimes it gets a little, yeah, tedious.

**Evelyn Boodaghians** [00:50:14]  
OK, I want to make sure I'm understanding. So she like goes on the Walmart app on her tablet, she adds the things to her cart. Then does she call you or did she calls?

**P10 Ashantae** [00:50:23]  
You.

**Evelyn Boodaghians** [00:50:24]  
And she reads off what is in her cart. You look it up and put it into your glass. I see. OK.

**P10 Ashantae** [00:50:32]  
So she'll tell me the item, she'll tell me the price, and then I'll like match it up and then add it to my cart.

**Evelyn Boodaghians** [00:50:39]  
Interesting. OK, OK then. And then you place the order.

**P10 Ashantae** [00:50:45]  
Right.

**Evelyn Boodaghians** [00:50:46]  
And then you also mentioned going over there. So when you place the order, what do you do after placing the order?

**P10 Ashantae** [00:50:55]  
So that's just like it. It all depends. So like today I placed the order for Walmart. So she also has some things in that order. So I'm going over there this weekend and taking it to her. But previously she had a lot of things. I think she had like 60 things. So we had that delivered to her home and then I was over there. So then I, you know, bought it in, put everything up. Me and my youngest, usually we caught it like grocery day. He usually comes over there with me to help 'cause like I said, it could be like 6070 things. So yeah.

**Evelyn Boodaghians** [00:51:40]  
OK, so she has a big list. You just get it sent over to her and you go and help her. OK. How do you feel like this process with groceries is working? What works well? What would you want to change?

**P10 Ashantae** [00:51:56]  
Yeah.

**Bookmark: Sharing grocery list**

**P10 Ashantae** [00:51:56]  
So definitely I would want to change like if I could, if she could share her list with me, then I wouldn't have to like find each and every little item. So that's like time consuming. But I guess what works is that I like that you can use like, you know, any address. You could, you know, pick your time, pick the date.

**Bookmark: Convenience of choosing time and date**

**P10 Ashantae** [00:52:27]  
So that's convenient.

**Evelyn Boodaghians** [00:52:29]  
Yeah, tell me a little bit. Picking the time and date when you're ordering groceries, like how soon do you usually want them? Like what? What is your preference with time and date?

**P10 Ashantae** [00:52:42]  
So, OK, so when I order for my mother, I usually do the afternoon 'cause that's when I go over there. If I order for myself, I usually want the mornings. I, I guess I just feel like everything is like more in stock in the morning than like in the afternoon and evening. It's most likely to be out of stock. So it's like I I want it early.

**Evelyn Boodaghians** [00:53:06]  
And it's that same day, so you'll order in the morning for the morning or for the afternoon or do you ever like, I guess do it ahead of time like.

**P10 Ashantae** [00:53:15]  
Sometimes I'll do it ahead of time for my mom, but for me I always do it like the same day, OK?

**Evelyn Boodaghians** [00:53:29]  
OK, we talked about groceries for your mom. How about cooking? Does she how, how independent is she with cooking?

**Bookmark: Cooking habits and use of crock pot**

**Evelyn Boodaghians** [00:53:38]  
I guess question.

**P10 Ashantae** [00:53:40]  
I mean, she usually gets like microwave dinners, things like that. She will cook, but she'll put it like in a crock pot. So like the other day she made like steak and potatoes. She put it in a crock pot, so but most of the time it's just like things that's like easy that you can put in the microwave, OK.

**Evelyn Boodaghians** [00:54:05]  
And then how about for her food delivery?

**Bookmark: Responsibility for food delivery**

**Evelyn Boodaghians** [00:54:07]  
What does that look like, if anything?

**P10 Ashantae** [00:54:11]  
No, she doesn't do it like I'm. I'm the one that's, you know, responsible. I always do like the food delivery. My little sister, sometimes she'll, you know, bring groceries over as well. But yeah, my mom, she's not going to be able to, you know, especially if it's something heavy to lift it and you know.

**Evelyn Boodaghians** [00:54:33]  
Yeah. And then how about like ordering from restaurants for delivery? Does that happen for your mom or not so much?

**P10 Ashantae** [00:54:42]  
No. So she right, she doesn't know how to do that. On occasion she might say, you know, she wants something from a restaurant and sometimes she'll be like, oh, well, you know, I'll pay for it and she'll have me to order it and just, you know, like give me the money. But she she doesn't do it. She, she doesn't know how to do that. So.

**Evelyn Boodaghians** [00:55:09]  
How often would you say that she's like asking you like, oh, I want this from this restaurant, Would you?

**P10 Ashantae** [00:55:15]  
Maybe once a month, It's not often.

**Evelyn Boodaghians** [00:55:19]  
But.

**P10 Ashantae** [00:55:20]  
Like sometimes when I go over I'll I'll stop at a restaurant and bring her something before I go over.

**Evelyn Boodaghians** [00:55:26]  
I can for the times the once a month or for the very times where she wants something from a restaurant and you don't get it delivered to her. Is it kind of like the grocery where you try to get there to help her with it or dependent with it?

**P10 Ashantae** [00:55:49]  
Yeah, OK.

**Evelyn Boodaghians** [00:55:52]  
So you like go over when you place the delivery order?

**P10 Ashantae** [00:55:55]  
Right.

**Evelyn Boodaghians** [00:56:01]  
And how do you, I mean, I asked this question for your kids, like how do you feel about them eating food delivery from restaurants? How do you feel about your mom eating food delivery from restaurants?

**P10 Ashantae** [00:56:11]  
I mean, I don't mind. It's it's a once ever so often thing. So I mean, I don't mind.

**Evelyn Boodaghians** [00:56:25]  
OK. I'm going to take one last look at my questions. I think we've covered everything, but I just want to make sure, OK? OK, Yeah, I think we got everything. Thank you so much for your time. I appreciate you going through all those questions. I know sometimes it's weird to think about that stuff like you just do it so naturally that it probably might not even be something you think about. I'll mark off and use our interviews that you were here. Great participant. I'm happy to answer any questions if you have any questions for me. But if not, I'll have you go off and have a good weekend.

**P10 Ashantae** [00:57:02]  
All right. Thank you. Yeah, I don't have any questions.

**Evelyn Boodaghians** [00:57:04]  
Awesome. OK, thanks. Have a great weekend.

**P10 Ashantae** [00:57:07]  
All right. You too. Thank you. Bye.

## **Notes**